

## PROBLEMS

ARE NOT A  
SIGN OF  
**FAILURE**  
BUT AN

## OPPORTUNITY

FOR **GROWTH**

IF YOU HAVE  
A PROBLEM  
PLEASE CALL US.

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JUDICIAL ASSISTANCE

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(206) 727-8268

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JUDICIAL ASSISTANCE

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Washington State Bar Association  
Judicial Assistance Services Program  
2101 Fourth Ave. Fourth Floor  
Seattle, Washington 98121-2330  
(206) 727-8268

WSBA

*JUDICIAL*

ASSISTANCE  
SERVICES

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Established to  
Prevent or alleviate  
Problems before they  
jeopardize a  
Judicial officer's  
career

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“The characteristics of judicial stress are known to every judge and lawyer. They have been noted by a lifetime of watching courtroom performances.”

*The Hon Justice Michael Kirby  
President, Court of Appeal  
Supreme Court of New South Wales*

*Service as a judicial officer is a consuming endeavor. We are required to be productive, face adversity and balance the demands of the workplace with quality personal lives. Those demands sometimes lead to depression, anger, anxiety, procrastination, family conflicts and substance abuse.*

## WHAT DOES THE JUDICIAL ASSISTANCE SERVICES (JAS) PROGRAM OFFER?

*JAS offers confidential assistance with mental/emotional, drug, alcohol, family, health and other personal problems. Services include assessment, referral, short-term or long-term counseling, follow-up and training.*

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## JAS OFFERS CONFIDENTIAL ASSISTANCE

*“Confidential and Privileged Communications. Confidential communication between a judicial officer and peer Counselors and the Judicial Assistance Committee of the Superior Court Judges’ Association or the District and Municipal Court Judges’ Association or the LAP (Lawyers Assistance Program of the Washington State Bar Association) shall be privileged against disclosure without the consent of the judicial officer to the same extent and subject to the same conditions as confidential communication between a client and psychologist.”*

— DRJ 14(e)

## HOW DO I RECEIVE ASSISTANCE?

Most judicial officers self-refer to JAS. No one knows about requests for services. Contacts with JAS are kept confidential by DRJ 14(e) adopted November 25, 2003.

## WHAT IS THE COST?

*Initial assessment and peer counseling are **free**. Ongoing counseling is based on a sliding fee scale. JAS also works with third parties, judicial colleagues, lawyers and staff — who are concerned about a particular judicial officer’s ability to perform.*



## PRESENTATIONS

*WSBA Judicial Assistance Services Program staff are available to give presentations at your judicial education meetings. Topics include drug and alcohol abuse, stress, depression, communication skills and grief and loss, among others. For information, call (206) 727-8268.*